

EVERYBODY NEEDS A LITTLE SOUTHERN COMFORT NOW AND THEN.



When treating yourself to a dinner from this distinguished steakhouse, macaroni and cheese may be one of the furthest foods from your mind. After all, this is stuff for the kids menu, right? Well, the **MAC AND CHEESE** from Morton's, The Steak House, is all grown up. With four types of cheese and a touch of chili paste, we bet the dish is better than your mother's. \$10.50. • At the Potter's House—a local Christian ministry—the good Lord feeds the soul, and its restaurant, the Soul Food Bistro, feeds the body. The name of the game here is classic Southern specialties. Food is served cafeteria style, and customers can order a number of meals or a la carte. Have the **FRIED CHICKEN** (pictured), tender and flavorful and fried in a thin, crispy and peppery shell. \$7-\$9. • Baby, it's cold outside—and when the weather gets chilly, there's nothing better than a hearty **CHICKEN POT PIE**. Filled with fresh veggies and chicken inside a flaky biscuit crust, the pot pie at Metro Diner can't be beat. Be sure to get there early, though. Metro Diner is open for breakfast and lunch only. \$8. • Nothing screams comfort food like a fluffy pile of mashed taters. While many versions can often seem pasty and mass produced, the **SCALLION MASHED POTATOES** at Mitchell's Fish Market have a rustic, hand-mashed texture. And, unlike many potatoes, which are faux flavored with garlic powder, these spuds are flecked with bright green bits of scallion. They couldn't get any better than Mom used to make. \$4. • 29 South in Fernandina Beach has given the **FRIED GREEN TOMATO** a gourmet spin. They're gently fried, coated with a hearty yet light breading and layered with goat cheese. All of this is topped off with a helping of red pepper jam. The folks at the Whistle Stop Cafe would surely approve. \$5. • There's nothing better for washing down a good meal than an ice cold glass of **SWEET TEA**. Sure you can get it anywhere, but it's Russ Doe's—an unassuming Downtown sandwich shop—that serves the River City's finest brew. Perfectly sweet and refreshing, it will be the best buck you've ever spent. \$1-\$1.25.

POTTER'S HOUSE
SOUL FOOD BISTRO'S
FRIED CHICKEN WITH
GREENS & MAC 'N
CHEESE

